



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	WGR Cheerios Milk	WGR Waffle Mandarin Oranges/ Clementines	Yogurt Blueberries	Kix Cereal Milk	*English Muffin Banana
	Ritz Crackers Cheese Cubes	Carrots Ranch WGR Pita Bread	Apple Slices WGR Wheat Thins	WGR Goldfish Cheese Sticks	WGR Bunny Grahams Applesauce
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	WGR Corn Muffins Milk	WGR Chex Milk	WGR French Toast Stix Mandarin Orange/ Clementines	*Bagels Mixed Fruit Cup	WGR Cheerios Milk
	Cucumbers Ranch WGR Pita Bread	WGR Soft Pretzel Cheese Stick	Yogurt Raisins	WGR Cheez Its Peach Cups	Oyster Crackers Cheese Cubes
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Yogurt Pineapple Tidbits	WGR Cheerios Milk	Pancakes Bananas	Kix Milk	WGR Waffles Mixed Fruit Cup
	WGR Wheat Thins Apple Slices	WGR Bunny Grahams Grapes	WGR Goldfish Cheese Sticks	Carrots Ranch WGR Pita Bread	Pears Animal Crackers
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
	Pancakes Pineapple Tidbits	WGR Chex Milk	*English Muffin Mandarin Oranges/ Clementines	*Bagel Mixed Fruit Cup	WGR Corn Muffin Bananas
	WGR Wheat Thins Cheese Cubes	Cucumbers Ranch WGR Pita Bread	WGR Soft Pretzel Raisins	Yogurt WGR Granola Blueberries	WGR Pita Bread Soy Nut Butter

4 week rotating menu for AM/PM Snacks for children 6 weeks to 12 years
Families will be responsible for providing lunch for their child(ren).

*Butter, cream cheese or jelly will be served with Bagels/English Muffins

Whole milk will be available and served to children 12 - 24 months

1% milk will be available and served to children 24 months+

Drinking water is offered to children throughout the day and available upon request.

Care a lot of Victor is a peanut/tree nut free center - please provide substitute items such as Sun Butter/Wow Butter, etc.

Food Component	Recommended Serving Size	
	Ages 1-2 and 3-5	Ages 6-12
Milk	½ cup	1 cup
Vegetables	½ cup	¾ cup
Fruits	½ cup	¾ cup
Grains	½ oz eq	1 oz eq

Child's Name: _____

My child may be served all menu items

My child may **not** be served items that are circled

Parent/Guardian Signature/Date: _____